

Preá – Ceará





Breakfast menu

Sandwiches & Co.

Whole Wheat Bread, White Bread, Gluten-Free Bread or Banana Bread (Choose the combination of your choice) Grilled Bread with butter Grilled Cheese Vegan: roasted sandwich with cashew cream, seeds and spinach

Breads

Carioca Croissant Traditional Pão de Queijo (Brazilian cheese bread) Vegan: Sweet potato bread Tapioca Bread Croissant stuffed w/ turkey breast, coalho cheese and tomato Roasted sandwich w/ tomato and raw ham

Fried or scrambled egg or omelette

(Choose the filling of your preference)

Plain

Tomato, black olives and cashew Tomato and basil Cheese, ham, tomato, onion and herbs Bacon and cheese

Tapioca, Crêpe, Crepioca ou Aveioca

(Choose the filling of your preference) Plain Coalho cheese, coconut and honey Turkey breast, artisanal ricotta, tomato, basil and arugula Fried egg, tomato, mozzarella, ham and basil Vegan: Funghi cream and spinach Nutella

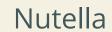
Sweets

Coconut cake and chocolate nibs Traditional cinnamon roll Vegan cake*

Waffle

(Choose the filling of your preference) Jelly or honey Passion fruit cream Dulce de leche, fleur de sel and lemon Dulce de leche, coconut and ginger





Fruits Pineapple Melon Papaya Watermelon Manga

Servings Butter Polenghi Turkey breast Ham Coalho cheese Mozzarella Salami Jelly Honey Fruit salad House granola

Bebidas

Detox juice: Melon, kale, orange and coconut water

Açai, coconut water and passion fruit Orange juice Coconut Water Homemade natural yogurt Natural yoghurt mixed with banana, granola and chestnuts Brewed coffee Milk Vegetable milk* Chocolate milk Assorted tea Natural water

*It is essential to request in advance, as we will not have stock in our restaurant if requested at the time



