

Preá - Ceará



# Breakfast menu

#### Sandwiches & Co.

Whole Wheat Bread, White Bread, Gluten-Free Bread or Banana Bread
(Choose the combination of your choice)
Grilled Bread with butter
Bauru (roast beef, cheese, tomato and pickle sandwich)
Vegan: peanut butter, arugula and spinach

#### **Breads**

Carioca

Croissant

Traditional Pão de Queijo (Brazilian cheese bread) Windy Pão de Queijo

Vegan: Sweet potato bread

Grilled Croissant with requeijão (Brazilian cream cheese) Eggslut: Fried egg, raw ham, pesto and arugula in soft bread

## Fried or scrambled egg or omelette

(Choose the filling of your preference)

Plain

Artisanal ricotta

Spinach and raw ham

Cheese, ham, tomato, onion and herbs

Coalho cheese and tomato

# Tapioca, Crêpe, Crepioca ou Aveioca

(Choose the filling of your preference)

Handmade ricotta, sweet pepper, cashew nuts

Coalho cheese, banana, sugar and cinnamon

Scrambled egg, bacon and requeijão

Vegan: Cream of chestnut, tomato, black olive and sunflower seeds

Nutella

#### Sweets

Banana chocolate cake Tapioca Cake Vegan cake\*

#### Waffle

(Choose the filling of your preference)

Jelly or honey

Passion fruit cream

Dulce de leche, fleur de sel and lemon

Dulce de leche, coconut and ginger

Brigadeiro

Nutella

## **Fruits**

Pineapple Melon Papaya Watermelon Manga

## Servings

Butter
Polenghi
Turkey breast
Ham
Coalho cheese
Mozzarella
Salami
Jelly
Honey
Fruit salad

### **Drinks**

House granola

Detox juice: Pineapple, mango, spinach, linseed and mint
Watermelon and hibiscus
Orange juice
Coconut Water
Homemade natural yogurt
Natural yoghurt mixed with mango
Brewed coffee
Milk
Vegetable milk\*
Chocolate milk
Assorted tea
Natural water

\*It is essential to request in advance, as we will not have stock in our restaurant if requested at the time



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