



Preá - Ceará



Monday Breakfast

Breakfast menu

Sandwiches & Co.

Whole Wheat Bread, White Bread, Gluten-Free Bread or Banana Bread

(Choose the combination of your choice)

Grilled Bread with butter

Cheese and Ham

Vegan: roasted sandwich with earthy pesto made with sunflower seeds and beetroot

Breads

Carioca

Croissant

Pão de Queijo (Brazilian cheese bread)

Vegan: Sweet potato bread

Tapioca Bread

Croissant stuffed w/ mozzarella, tomato and basil

Fried or scrambled egg or omelette

(Choose the filling of your preference)

Coalho cheese

Bacon

Plain

Cheese, ham, tomato, onion and herbs

Spinach and parmesan

Tapioca, Crêpe, Crepioca or Aveioca

(Choose the filling of your preference)

Tomato, Coalho cheese, arugula and cashew nuts

Chestnut chive and ricotta

Coconut and condensed milk

Chicken, tomato and requeijão (Brazilian cream cheese)

Nutella

Sweets

Yoghurt cake

Banana pie

Vegan cake*

Waffle

(Choose the filling of your preference)

Jelly or honey

Passion fruit cream

Dulce de leche, fleur de sel and lemon

Dulce de leche, coconut and ginger

Brigadeiro (chocolate + condensed milk)

Nutella

Fruits

Pineapple
Melon
Papaya
Watermelon
Manga

Servings

Butter
Polenghi
Turkey breast
Ham
Coalho cheese
Mozzarella
Salami
Jelly
Honey
Fruit salad
House granola

Drinks

Detox juice: Apple, cucumber, lemon, kale and ginger
Mango, pineapple, coconut water and passion fruit
Orange juice
Coconut Water
Homemade natural yogurt
Natural yoghurt with passion fruit and molasses
Brewed coffee
Milk
Vegetable milk*
Chocolate milk
Assorted tea
Natural water

*It is essential to request in advance, as we will not have stock
in our restaurant if requested at the time



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