

Preá - Ceará



Friday Breakfast

Breakfast menu

Sandwiches & Co.

Whole Wheat Bread, White Bread, Gluten-Free Bread or Banana Bread
(Choose the combination of your choice)

Grilled Bread with butter

Ham & Cheese

Vegan: Roasted sandwich with peanut cream, banana and linseed

Breads

Carioca Croissant

Traditional Pão de Queijo (Brazilian cheese bread)

Vegan: Sweet potato bread Tapioca bread

Croissant stuffed w/ Coalho cheese and ham Rancho's Croque Monsieur (Coalho cheese, turkey breast and mustard)

Fried or scrambled egg or omelette

(Choose the filling of your preference)
White cheese, tomato and chives
Plain
Cheese, ham, tomato, onion and herbs
Bacon

Tapioca, Crêpe, Crepioca ou Aveioca

Artisanal ricotta, tomato and basil
Coalho cheese, mozzarella, tomato and arugula
Scrambled egg, requeijão (Brazilian cream cheese) and chives
Vegan: Chestnut cream, tomato and basil
Nutella

Sweets

Brownie Fit
Passion fruit cake
Mini coconut donut
Vegan cake*

Waffle

(Choose the filling of your preference)

Jelly or honey

Passion fruit cream

Dulce de leche, fleur de sel and lemon

Dulce de leche, coconut and ginger

Brigadeiro (chocolate + condensed milk)

Nutella

Fruits

Pineapple Melon Papaya Watermelon Manga

Acompanhamentos

Butter
Polenghi
Turkey breast
Ham
Coalho cheese
Mozzarella
Salami
Jelly
Honey
Fruit salad
House granola

Drinks

Detox juice: kale, melon, coconut water, cucumber and lemon
Coconut water, pineapple, mint and lemongrass
Orange juice
Coconut Water
Homemade natural yogurt
Natural yoghurt mixed with coconut
Brewed coffee
Milk
Vegetable milk*
Chocolate milk
Assorted tea
Natural water

*It is essential to request in advance, as we will not have stock in our restaurant if requested at the time



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