



Tuesday breakfast

Breakfast menu

Sandwiches & Co.

Whole Wheat Bread, White Bread, Gluten-Free Bread or Banana Bread
(Choose the combination of your choice)
Grilled Bread with butter
Cheese and Ham

Vegan: roasted sandwich with cashew cream, pumpkin seeds, tomato and basil

Breads

Carioca
Croissant
Traditional Pão de Queijo (Brazilian cheese bread)
Windy Pão de Queijo
Vegan: Sweet potato bread
Croissant stuffed w/ cheese and ham

Fried or scrambled egg or omelette

(Choose the filling of your preference)

Bacon

Parmesan cheese and tomato

Ham, tomato and basil

Cheese, ham, tomato, onion and herbs

Tapioca, Crêpe, Crepioca ou Aveioca

(Choose the filling of your preference)
Sun-dried meat, *Coalho* cheese, arugula and roasted banana
Vegan: Chestnut, banana and molasses cream
Scrambled egg, dijon mustard and chives
Turkey breast and mozzarella
Nutella

Sweets

Brigadeiro (chocolate + condensed milk) cake
Lemon cake
Vegan cake*

Waffle

(Choose the filling of your preference)

Jelly or honey

Passion fruit cream

Dulce de leche, fleur de sel and lemon

Dulce de leche, coconut and ginger

Brigadeiro

Nutella

Fruits

Pineapple Melon Papaya Watermelon Manga

Servings

Butter
Polenghi
Turkey breast
Ham
Coalho cheese
Mozzarella
Salami
Jelly
Honey
Fruit salad
House granola

Drinks

Detox juice: Pineapple, coconut water, kale and mint
Cashew, apple and cocoa nibs
Orange juice
Coconut Water
Homemade natural yogurt
Natural yoghurt with banana, chia seeds and coconut
Brewed coffee
Milk
Vegetable milk*
Chocolate milk
Assorted tea
Natural water

*It is essential to request in advance, as we will not have stock in our restaurant if requested at the time



Preá - Ceará